PIP: A quick guide on making a claim

Personal Independence Payment (PIP) is a UK benefit that helps with extra living costs if you have a long-term physical or mental health condition or disability and are aged 16 to State Pension age.

1

Contact the Department for Work and Pensions

Call the DWP on: **0800 917 2222** to start your claim.
Relay UK (if you cannot hear or speak on the phone): **18001** then **0800 917 2222** or BSL video relay service is available. You can also start a claim by sending a letter to: Freepost DWP PIP 1

2

Gather Evidence

You can ask your GP for a **copy of your medical summary report** - this should be free of charge. You can also get recent prescriptions and copies of letters from consultants or specialists.

3

Complete your PIP2 Form

This form will ask you **how your disability affects you.** There will be 12 questions for you to answer. You can get support from a benefits adviser to complete this if needed.

4

PIP Assessment

Most people are invited to an assessment. This might be face to face, over the phone or via video call.

5

Your outcome

You will receive a letter to let you know if you have been awarded PIP or not. If you have been awarded PIP the letter should include what rates you will have and how much you will receive.

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